

Roy Gould

M.Ed (Counselling Psychology)
Canadian Certified Counsellor
General Counselling
Specializing in Traumatic Grief & Loss

Roy Gould Counselling Services
421 Acadia Avenue - Dieppe, N.B. - E1A 1H4
Tel: (506) 388-9090
Fax: (506) 388-9191
Mobile: (506) 850-2425
E-Mail:
ould.roy@gmail.com

Mission

I am committed to helping people develop meaningful solutions to difficult life situations

Profile

Therapist in private practice (10 yrs.) with over 25 years experience in solution focused intervention with individuals and groups in various settings; currently offering general counselling and specializing in counselling services to address Trauma/Grief/Loss and anxiety using a combination of body-mind, attachment, & cognitive approaches. Currently offering seminars, workshops & trainings in personal change technologies.

Professional Experience

- Two years experience as primary Life Skills Coach offering cognitive behavioural skills development to offenders (1988-89)
- Seven years experience working within a multidisciplinary treatment team offering cognitive behavioural therapy (CBT) to high needs/high-risk offenders (1993-2000)
- Four years experience in the design, delivery, and evaluation of certification trainings in Neuro Linguistic Programming (NLP) (1994-1998)
- One year experience in the training and supervision of Human Service Counsellors at NBCC Moncton (2002-03)
- Eight years experience in the development and delivery of counselling programs for adults and youth at risk in the areas of Grief Recovery, Self-Awareness, Communication Skill Development, Anger and Stress Management, and Peer Mediation (2002-2010)
- Private Practice (2006 - Present) Significant focus in Grief/Loss & anxiety, using a combination of body-mind, attachment, & cognitive approaches

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Current Professional Affiliations

- Canadian Certified Counsellor – Canadian Counselling and Psychotherapy Association
- Clinical Service Provider – Social Development (Moncton New Brunswick)
- Clinical Service Provider – Victim Services (Moncton New Brunswick)

Current Professional & Personal Development

- Professional Development as per requirements of CCPA
- Yoga Practice

Education

- Focusing – Levels 1 – 3 (Focusing Resources)
- MEd. (Counselling Psychology) University of New Brunswick (2006)
- Bachelor of Arts (Organizational Management) – Atlantic Baptist University – Honours Society Award (2005)
- Grief Recovery Specialist Certification (2003)
- Certification in Systemic Coaching - Prague, Czech Republic (2001)
- Tai Chi - Level 3 (Five Star School of Eastern Arts) (2000-2010)
- NLP Trainer Certification - Munich, Germany (1994)
- NLP Master Practitioner Certification - Fredericton, NB (1992)
- NLP Practitioner Certification - Toronto (1991)
- Suicide Prevention/Intervention - Correctional Service of Canada, Moncton, NB (1989)
- Certification in Life Skills Coaching - Memramcook Institute (1987)
- Yoga (Personal Individual Study) (1969-Present)
- Numerous workshops, and independent study in the field of therapeutic practice and skills training